



# D4 KARATE

## CLASS SCHEDULE



BELT RANK	AGE GROUP	MON	TUE	WED	THU	FRI	SAT
All Belts	Adults	12:00			12:00		
Lil Samurai	Age 4-6	4:40	7:10	4:40	5:30	4:40	10:30
White	Child	4:40	7:10	4:40	5:30	4:40	10:30
White	Adult	8:00	8:00	8:00	8:00	4:40	10:30
Orange/Gold	Child	4:40	6:20	4:40	6:20	4:40	11:20
Orange/Gold	Adult	8:00	8:00	8:00	8:00	4:40	
Green/Purple	Child	5:30	6:20	6:20	6:20	5:30	12:10
Green/Purple	Adult	8:00	8:00	8:00	8:00	5:30	
Blue/Adv. Blue	Child	6:20	4:40	5:30	4:40	5:30	1:00
Blue/Adv. Blue	Adult	8:00	8:00	8:00	8:00	5:30	
Red/Adv. Red	Child	6:20	4:40	5:30	4:40	6:20	1:00
Red/Adv. Red	Adult	8:00	8:00	8:00	8:00	6:20	
Brown/Adv. Brown	Child	7:10	5:30	7:10	7:10	6:20	1:00
Brown/Adv. Brown	Adult	8:00	8:00	8:00	7:10	6:20	
Nov. Black/Black	Child	7:10	5:30	7:10	7:10	6:20	1:00
Nov. Black/Black	Adult	8:00	8:00	8:00	7:10	6:20	
Hyper Fight Club	All				7:10		
Weapons Athlete Black Belt Club	All					7:10	

All students are required to bring all gear to every class, including weapons for BBC members.

Address: 2465 Centreville Road, Suite J-10, Herndon, VA 20171

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